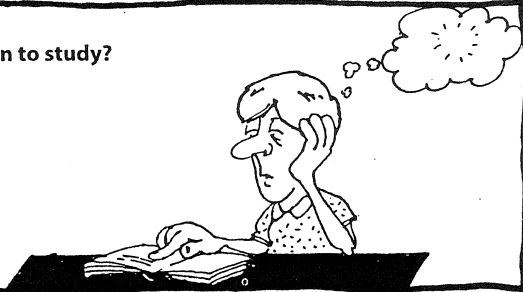


Rate your study method 1

Tick your answers

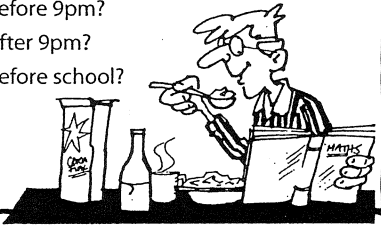
1 Do you find it difficult to get down to study?

- A Sometimes.
- B Always.
- C Never.



2 Do you do most of your studying -

- A Before 9pm?
- B After 9pm?
- C Before school?



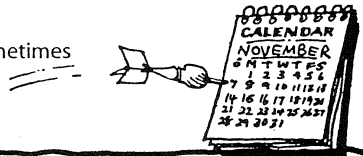
3 Do you study without taking breaks?

- A Sometimes.
- B Always.
- C Never.



4 Do you put off homework, coursework and revision until the last minute?

- A Yes.
- B No.
- C Sometimes



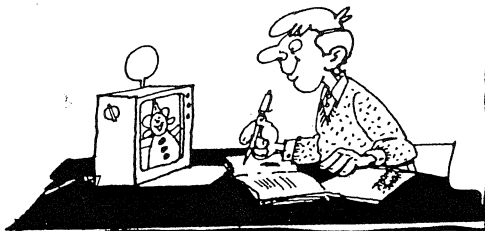
5 How far ahead do you plan your study?

- A Do not plan ahead.
- B 1 day in advance.
- C 1 week in advance.



6 Do you study in a room with a TV on?

- A Sometimes.
- B Always.
- C Never.



Rate your study method 2

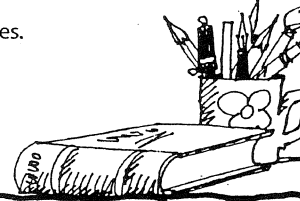
7 Do you study,

- A In the same place?
- B In one or two places?
- C Anywhere you can find?



8 Have you always got what you need at hand (pens, books, compasses)?

- A Sometimes.
- B Always.
- C Never.



9 What do you work on?

- A Your knee.
- B A table.
- C The floor.



10 Do you make sure you are working in good light?

- A Sometimes.
- B Always.
- C Never.



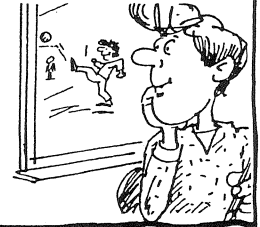
11 Do you worry about your studies?

- A Only at exam time.
- B All the time.
- C Never.



12 Do you find it difficult to concentrate on your work?

- A Sometimes.
- B Always.
- C Never.



Rate your study method 3

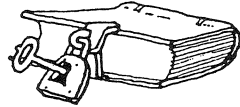
13 Do you find it difficult to remember things?

- A Sometimes.
- B Always.
- C Never.



14 At the end of a session do you close your books and forget about it?

- A Sometimes.
- B Always.
- C Never.



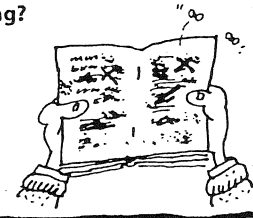
15 Can you find what you need in a library?

- A If a librarian helps.
- B Yes but it's difficult.
- C Usually I have no difficulty.



16 Do you understand your notes when revising?

- A Sometimes.
- B Always.
- C Never.



17 Do you find essays easy to write?

- A Yes.
- B No.
- C Sometimes.



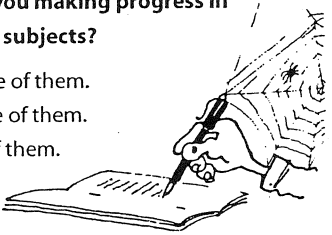
18 Do you think your exam results reflect your efforts in revision? !

- A Sometimes.
- B Always.
- C Never.



19 Are you making progress in your subjects?

- A Some of them.
- B None of them.
- C All of them.



20 Do you plan a piece of work before you write it?

- A Yes.
- B No.
- C Sometimes.



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Rate your study method 4

Circle your score for each question.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
A	2	3	1	0	0	2	3	1	2	1	2	2	2	2	1	3	2	1	3	
B	1	1	2	3	1	1	2	3	3	3	2	1	1	1	3	3	1	3	0	1
C	3	1	3	2	3	3	1	0	1	0	0	3	3	2	3	0	2	2	3	2

Between 25 and 45

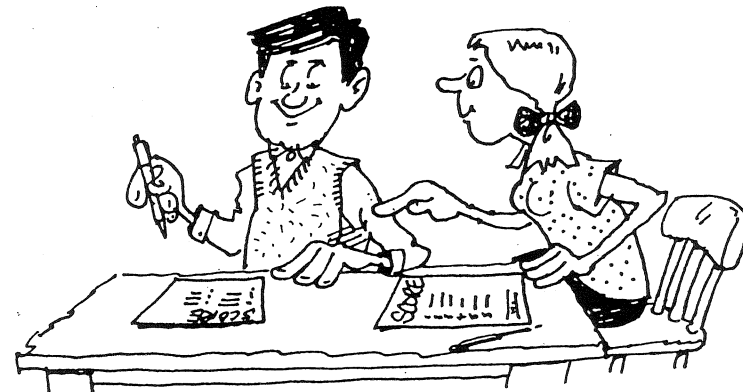
You have a mixture of good and bad habits. These 'learning to study' activities will help you to build on your strengths and eliminate your weaknesses. However you must be determined in your approach.

Above 45

You obviously have many good study habits. Now compare your methods to those outlined in these activities. You will quickly profit from the many suggestions.

Below 25

Don't despair. By doing the questionnaire you have identified your problems. Work hard at the suggestions and exercises in this workbook and you will become a much more efficient student. Get busy!



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